

# CONFIDENT COMMUNICATORS, LLC

Communications Training for Leaders, Managers & Teams

# **TRAINING CATALOG**













#### **Trusted Model**

Simple and sound, the model has been used for more than 20 years to help teams rethink their approach to teamwork.



#### **Personalized and Transformative** Experience

Personalized insights are brought to life with powerful activities to help teams translate learnings into everyday practices.



### Team Communications With 5 Behaviors of A Cohesive Team<sup>TM</sup>

Teamwork is your greatest competitive advantage. Combine Patrick Lencioni's model for teamwork with personalized insights from the DiSC® Assessment, to discover your team's hidden agendas and sources of communication breakdown. Increase trust, develop conflict norms, help everyone commit to decisions, model and practice accountability (including giving feedback), and focus everyone on achieving results.

Audience: Teams of up to 15 people, Duration: 6 workshops

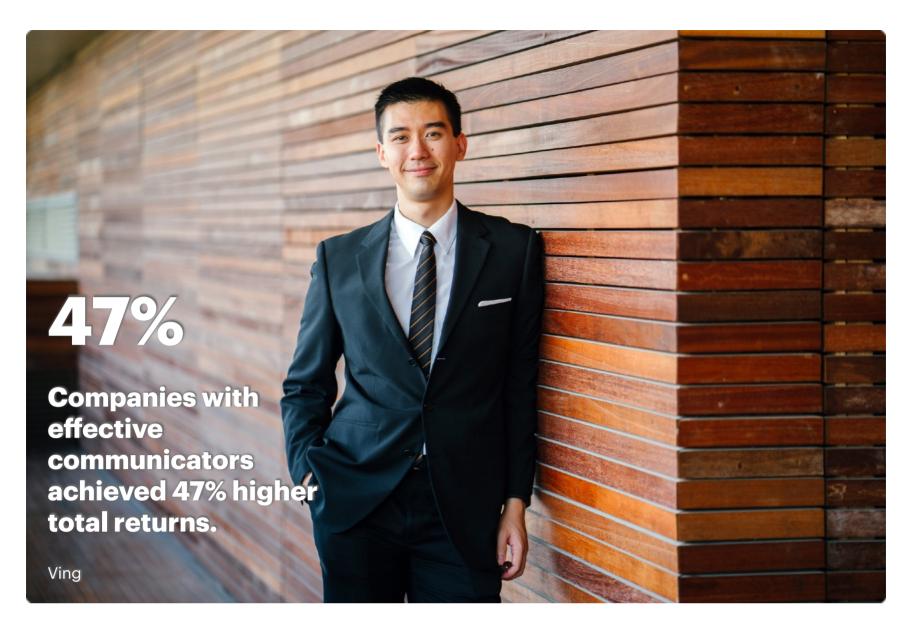
#### **Includes**

- Planning session with team leads
- 5 Behaviors<sup>™</sup> assessments (with basic DiSC® styles)
- Individual and team reports
- Six 75-minute, engaging workshops
- Followup recommendations

- Team DiSC® Styles
- Building Trust
- Mastering Conflict
- Achieving Commitment,
- Embracing Accountability, and
- Focusing on Results







# Improving Workplace Communications With DiSC®

Build more effective relationships at work. Learn in-depth self-discovery, appreciation for differences in work styles, and communications strategies for successful interactions. Suitable for teams and company-wide training.

**Audience**: Teams or organizations, **Duration**: 3 workshops

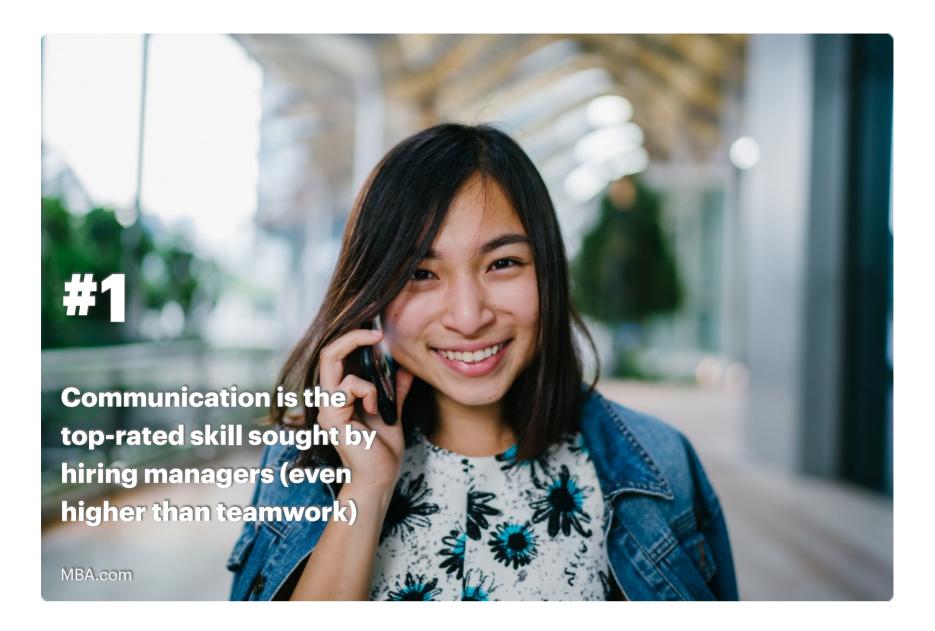
#### **Includes**

- DiSC® Workplace Assessment & access to Catalyst $^{\text{TM}}$
- Consultation with leadership
- 3 interactive workshops
- Videos, articles, podcasts, exercises, and more
- Followup recommendations

- What Drives You
- You & Other Styles
- Build Better Relationships







### **Crucial Conversations**

At the heart of healthy and high-performance organizations are people willing and able to hold Crucial Conversations<sup>®</sup>. Learn the nine critical skills of getting unstuck, mastering my stories, start with heart, state my path, make it safe, learn to look, seek mutual purpose, explore others' paths, and move to action.

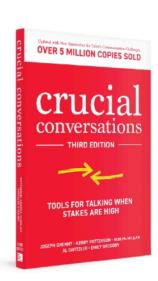
**Audience**: Teams or organizations, **Duration**: 3 workshops

#### **Includes**

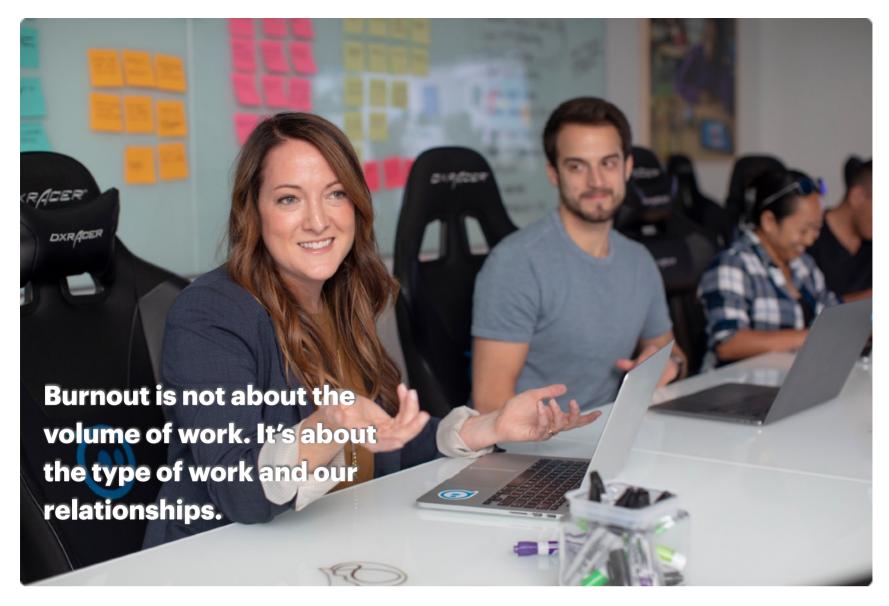
- Copy of the book
- 3 interactive workshops
- Videos, articles, podcasts, exercises, and other materials
- Practice, group activities & coaching

#### **Workshop Topics**

- Mastering Crucial Conversations®
- Before opening your mouth
- Learn to look & make it safe
- State my path & explore others' paths
- Move to action & advice for tough cases







# The 6 Types of Working Genius

People who understand their "zones of genius" show up to work happier, are more effective, and play well with others. This assessment and workshop helps individuals to be more innovative, strategic, effective...and happy. Benefits include: Understand the impact of your energy at work; clarify which types of work give joy and energy and which types are draining and difficult; avoid making unfair and inaccurate judgments about one another's motivation; alleviate guilt about struggles people have with certain types of work; improve dialogue and directives in team meetings; make quick and concrete adjustments to roles and responsibilities; and get more done in less time.

Audience: Teams or individuals, Duration: 3 workshops

#### **Includes**

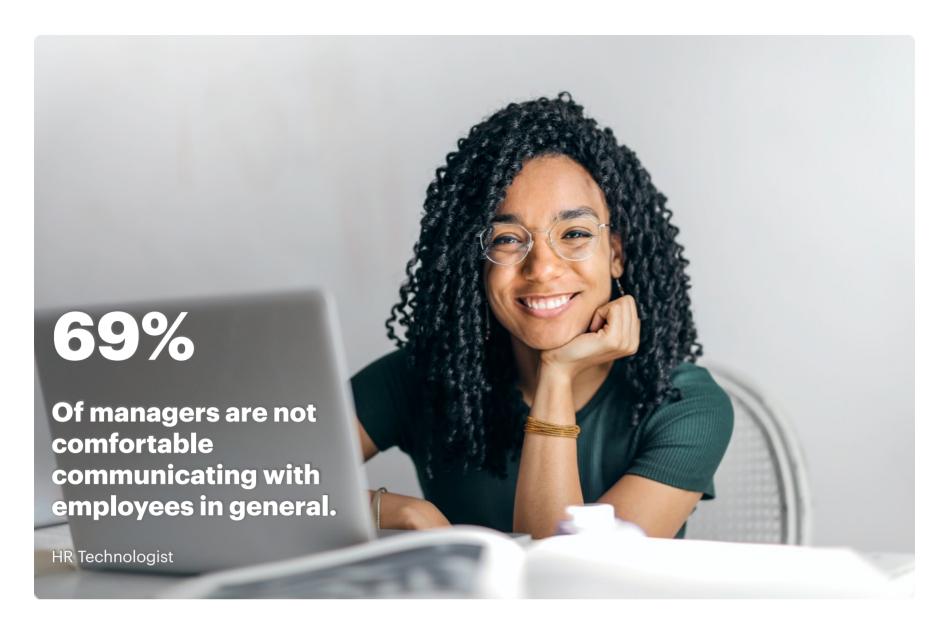
- Individual & team assessments
- 3 interactive workshops
- Videos, articles, podcasts, exercises, and other materials
- Team map
- Action plan

#### **Workshop Topics**

- The 6 Types of Working Genius Overview
- Guilt and Judgment
- Three Stages of Work
- Responsive vs Disruptive
- The Altitude of Geniuses
- Team Mapping
- The Genius of Meetings
- Meeting Norms







# Management Communications With DiSC®

Increase the effectiveness of anyone in a management role. Participants deepen their understanding of themselves, their direct reports, and their own managers using the DiSC® model, while learning how their management style influences their approach to decision-making, time management, and problem solving. Participants walk away with concrete strategies to help them bring out the best in themselves and others.

Audience: Managers, or management teams, Duration: 6 workshops

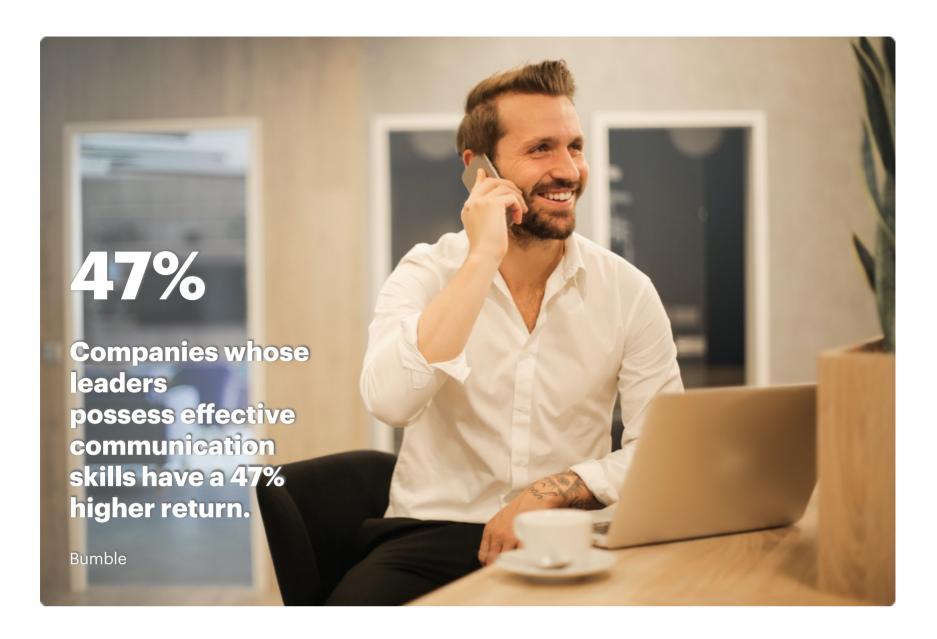
#### **Includes**

- DiSC® Workplace Assessment
- DiSC® Management Assessment
- 6 interactive workshops
- Videos, articles, podcasts, exercises, and more
- Coaching & practice
- Followup recommendations

- Your Management Style
- People Reading
- Direct & Delegate
- Motivation
- Develop Talent
- Manage Up







# Leadership Communications With DiSC® & 5 Behaviors<sup>TM</sup>

Connect unique leadership styles to real-world demands. Participants learn best practices and an actionable path toward more effective leadership – using the Vision, Alignment, and Execution model. Understand how your leadership tendencies influence your effectiveness in specific leadership situations, including building trust, engaging in healthy conflict, gaining commitment, ensuring accountability, and focusing on results.

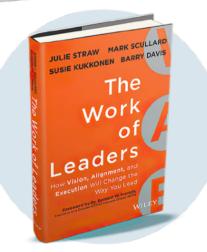
Audience: Directors & VPs, Duration: 6 workshops

#### **Includes**

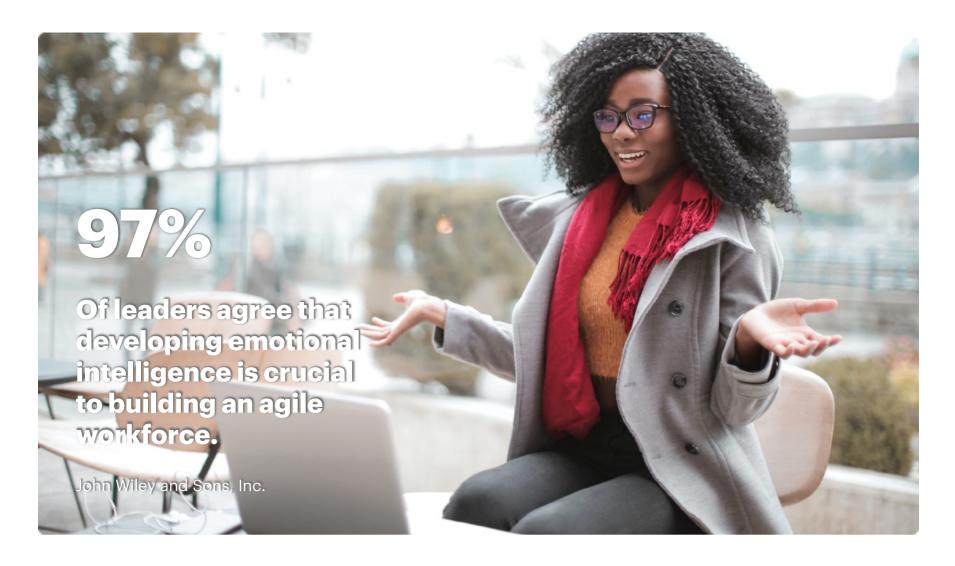
- DiSC® Leadership Assessment
- 5 Behaviors<sup>™</sup> Personal Development Assessment
- 5 Workshops, including takeaway videos, articles, podcasts, exercises, and more
- Copy of The Work of Leaders book
- Coaching
- Followup recommendations

- Introduction
- Vision
- Alignment
- Execution
- Action Planning
- Implementing the 5
   Behaviors<sup>TM</sup>









# **Emotional Intelligence With DiSC®**

Create a more emotionally intelligent, agile workforce. By combining the personalized insights of DiSC® with active emotional intelligence, Everything DiSC® Agile  $EQ^{TM}$  teaches participants to read the emotional and interpersonal requirements of a situation and respond appropriately. Participants will learn how to meet the demands of any situation with empathy.

Audience: Employees who should improve empathy, listening, or tact, **Duration**: 4 workshops

#### **Includes**

- Planning session
- DiSC® Workplace Assessment
- DiSC® Agile EQ™ Assessment
- 3 Workshops, including takeaway videos, articles, podcasts, exercises, and more
- Followup recommendations

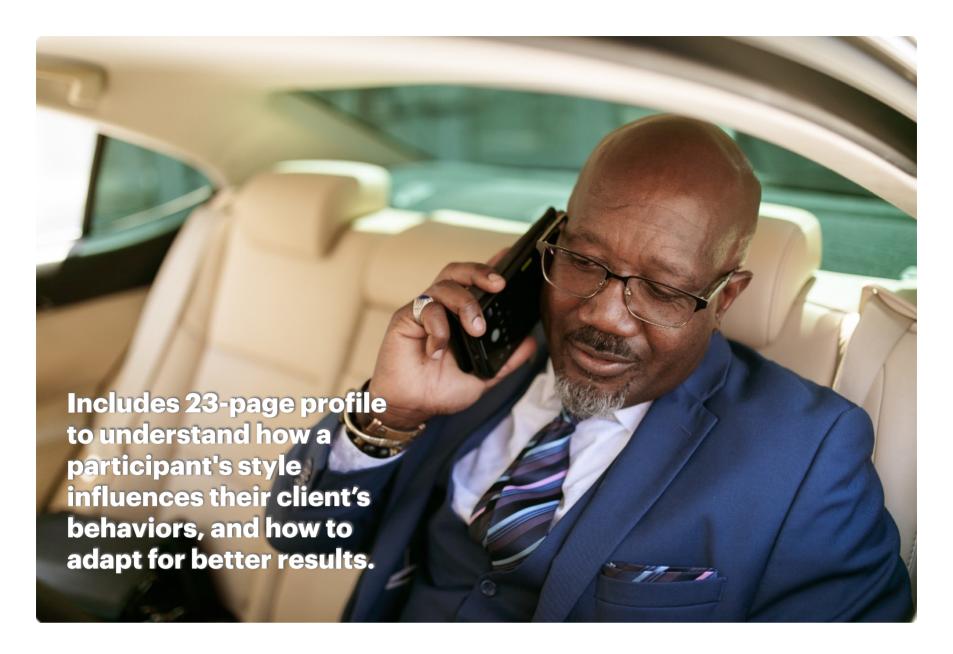
### **Workshop Sessions**

- Getting Started
- Your EQ Strengths
- Beyond Your Comfort Zone

Developing Your EQ







### **Customer Communications With DiSC®**

Empower customer-facing employees with powerful tools to create customer-centric interactions and improve results. Help your sales, account, and customer service teams discover new strategies for stretching beyond their natural preferences to make external relationships more productive and successful, regardless of the customer's communication style.

**Audience**: Salespeople, account managers, and customer service employees.

**Duration**: 6 workshops

#### **Includes**

- Planning session
- DiSC® Workplace Assessment
- Everything DiSC® Sales Profile
- 6 Workshops, including takeaway videos, articles, podcasts, exercises, and more
- Followup recommendations

#### **Workshop Topics**

- Understanding Your DiSC®
   Sales Style
- Recognizing and Understanding Customer Buying Styles
- Adapting Your Sales Style to Your Customer's Buying Style





# Productive Conflict With DiSC®

Productive Conflict training helps improve self-awareness around conflict behaviors so participants can more effectively respond to the uncomfortable and unavoidable challenges of workplace conflict. Rather than focus on a step-by-step process for conflict resolution, this program combines the personalized insights of DiSC® with the cognitive behavioral theory to help participants recognize and transform their destructive habits into more productive responses and improve workplace relationships.

Audience: Employees on either side of conflict or destructive behaviors, Duration: 4 workshops

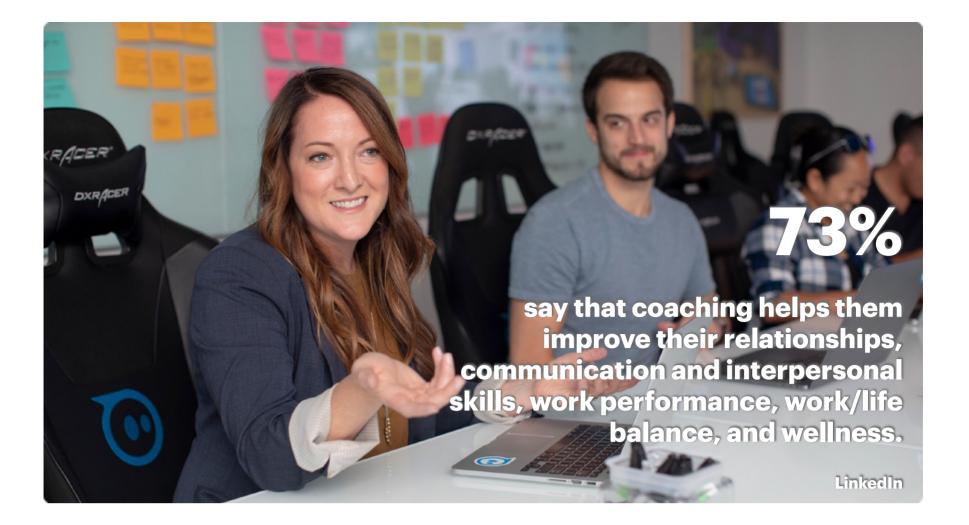
#### **Includes**

- DiSC® Workplace Assessment
- DiSC® Productive Conflict Assessment
- Planning session, DiSC Conflict Map, Comparison Report, Followup Recommendations
- 3 Workshops, including takeaway videos, articles, podcasts, exercises, and more

- DiSC® in Conflict
- Destructive Responses
- Changing Your Response







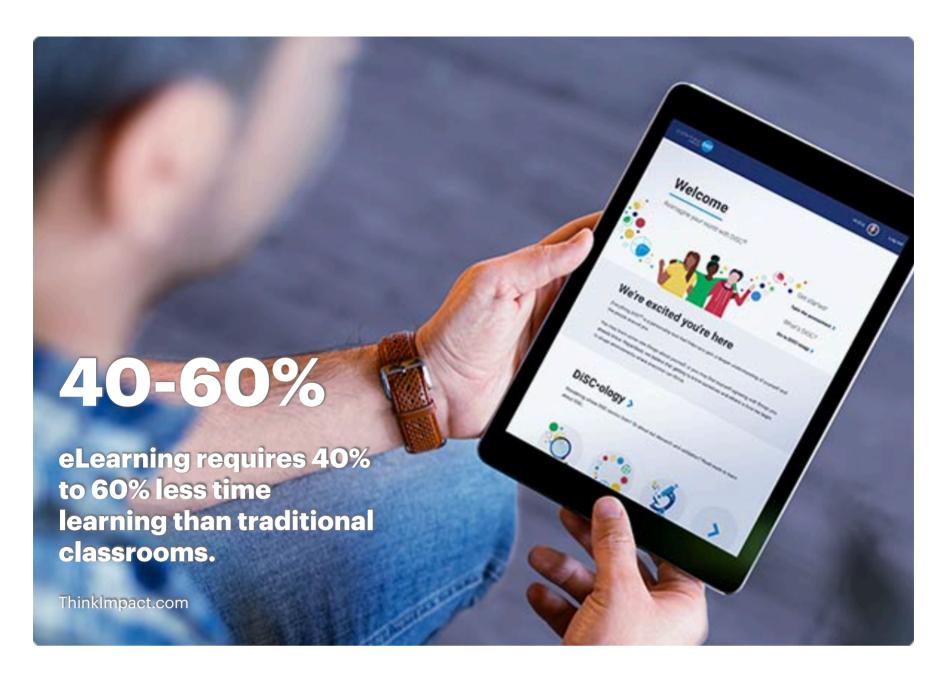
# **One-on-One Communications Coaching**

Our customized coaching programs helps individuals learn self awareness and empathy, tackle difficult conversations, engage in productive conflict, and build executive presence – by communicating in more productive ways. Regular one-on-one coaching sessions include discussing assigned reading and activities, analyzing real-life situations, and practice. The program includes DiSC®, 5 Behavior<sup>TM</sup>, and 6 Working Genius assessments, syllabus, reading materials, videos, podcasts, assignments and activities, regular midmonth checkins, ad-hoc coaching calls, conversation preparation, and ongoing support.

#### **Coaching Sessions May Include**

- Self awareness: Why do I communicate the way I do, how do others respond to me, and what do I want to change?
- Adapting to others needs, emotional intelligence, empathy, and focusing on mutual objectives when directing and delegating, motivating, developing talent, and managing up.
- Leadership communications, including holding others accountable, influencing, and giving and receiving feedback, praise, apologies, and requests.
- Conflict management, including expressing frustration, resolving differences, and dealing with difficult situations.
- Holding difficult conversations, constructively, and
- Effective meeting facilitation, cascading messages, and communicating across the project lifecycle.
- Custom topics

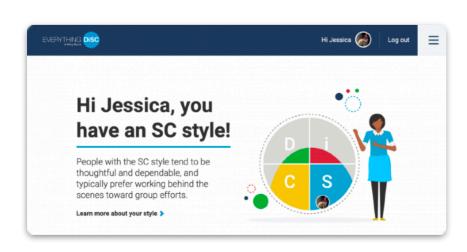




# The Catalyst™ e-Learning Platform

### View the DiSC® styles of everyone in your organization, and access learning on

**demand.** The Catalyst™ Learning Platform makes it easier for organizations to integrate DiSC® into their work on an ongoing basis. It connects your entire organization in a single, personalized space, so learners gain insight into their own and their colleagues′ DiSC® styles, and gain actionable strategies for working better across styles. Includes a company directory of DiSC® profiles and library of customized training videos, podcasts, articles, and other resources on communication, emotional intelligence, conflict resolution, management strategies, and more.









# **Other Workshops & Presentations**

### **Effective Meetings**

Run highly productive, efficient, energizing meetings. Create your own blueprint to eliminate waste and frustration among your teams, and create environments of engagement and passion.

# Accountability

This workshop helps individuals learn more effectively ways to give and receive feedback, advice, criticism, direction, genuine apologies, and praise; find mutual objectives; and make requests that foster trust. Practice holding each other accountable.

## **Leadership Influence**

Based on Robert Cialdini's best-selling book *Influence*, this workshop teaches leaders to persuade with communication techniques such as contrasting, reciprocation, commitment and consistency, social proof, liking, authority, and scarcity.

# **Effective Employee Reviews**

Help managers care personally and challenge directly during employee reviews. Includes a customizable form, guidelines, and process.

# Other Workshops & Presentations, Continued

### The Four Communication Styles

Based on the DiSC behavioral assessment this presentation teaches participants how to identify the four basic communication styles, and how to communicate more effectively with each of them.

### **Overcoming Your Executive Team's Communication Dysfunction**

How well does your team communicate? This presentation, based on Patrick Lencioni's best-selling 5 Dysfunctions of a Team, shares tools and strategies to overcome team dysfunction and build a more cohesive team.

### **Customer Relationship Communications**

Based on our DiSC Sales & Customer Relationships workshops, this presentation helps anyone in a sales or customer service position identify their customer's communication style, and adapt for more successful customer relationships.

#### **Difficult Conversations**

Based on the best-selling book Crucial Conversations, this presentation helps participants learn the skills to talk when the stakes are high, including preparing for high-stakes situations, transforming anger and hurt feelings into powerful dialogue, making it safe to talk about almost anything, and being persuasive, not abrasive.

# **Communicating Across Four Workplace Generations**

Boomers, Gen X, Millennials, and Gen Z all communicate differently and sometimes don't understand each other. This panel discussion with four members of your audience can help bridge the gap between generational communication expectations and blind spots.

# **Building Community & Connection In A Hybrid Workplace**

Learn to read body language in virtual meetings, connect with co-workers in a disconnected world, and strategies to build culture in virtual and hybrid workplaces.

#### **Burnout is Not About Volume Of Work**

Based on Patrick Lencioni's newest book, The 6 Types of Working Genius, this presentation helps people and teams identify the type of work that brings them joy and energy vs. that leads to frustration and burnout, plus how to better communicate across the six phases of work, no matter your "genius."

#### **Assessments**

**The Everything DiSC® Assessment** provides participants with valuable insights that unlock engagement and inspire effective collaboration. Explore the priorities that drive behavior, learn what comes naturally and what might be challenging when interacting with others, and gain actionable strategies to strengthen interpersonal interactions at all levels in the workplace.

- DiSC® Workplace Assessment
- DiSC® Management Profile
- DiSC® Leadership Profile
- DiSC® Conflict Profile
- DiSC® Agile EQ Profile
- DiSC® Productive Conflict Profile
- DiSC® Sales Profile
- DiSC® Group Culture Report

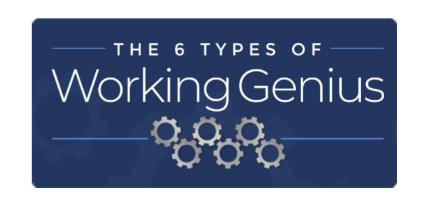




The 5 Behaviors Of a Cohesive Team™ Assessment can identify your team's unique dynamics and communications challenges. Clearly identify your team's hidden agendas and sources of communication breakdown, as well as the behaviors needed to excel, connect, and produce at a higher level. Use data to quantify and measure your team's level of trust, creative conflict, commitment, accountability, and of course, results.

- 5 Behaviors of a Cohesive Team<sup>TM</sup> Assessment
- 5 Behaviors<sup>TM</sup> Personal Leadership Development Profile
- 5 Behaviors<sup>TM</sup> Team Report
- 5 Behaviors<sup>TM</sup> Team Progress Report

The Working Genius Assessment helps individuals and teams discover their unique strengths and challenges, unlocking a new level of productivity, collaboration, and success. Unlike other popular workplace assessments, Working Genius identifies and harnesses an individual's natural abilities that energize and engage them at work. It helps teams identify gaps, challenges, and solutions across the three phases of work: ideation, activation, and implementation.



### **Certifications & Train The Trainer**

Many of the tools and workshops above can be brought in-house, so your Human Resource or Learning & Development staff can improve teamwork, communication, and employee commitment.

#### **Deliver Your Own Assessments**

• EPIC<sup>™</sup> accounts allow your organization to administer all DiSC<sup>®</sup> and 5 Behaviors<sup>™</sup> Assessments, Profiles & Reports and manage your organization's access to Catalyst<sup>™</sup>

#### **Everything DiSC® Training, Materials & Certification**

- Everything DiSC® Workplace & Catalyst™ Facilitation Kit & Training
- Everything DiSC® Workplace Certification
- Everything DiSC® Essentials
- Everything DiSC® Management Facilitation Kit & Training
- Everything DiSC® Productive Conflict Facilitation Kit & Training
- Everything DiSC® Agile EQ™ Facilitation Kit & Training
- Everything DiSC® Work of Leaders Facilitation Kit & Training
- Classroom Aids & Marketing Materials, including 8 Dimensions of Leadership Book, Everything DiSC® Manual, The Work of Leaders book, DiSC® buttons, DiSC® floor graphics, Quick DiSC® card game, mugs, pens, and more

# 5 Behaviors™ Training, Materials & Certification

- 5 Behaviors<sup>TM</sup> Team Development Facilitation Kit & Training
- $\bullet~$  5 Behaviors  $^{\text{TM}}$  Personal Development Facilitation Kit & Training
- 5 Behaviors<sup>TM</sup> Facilitator Accreditation
- Classroom Aids & Marketing Materials, including takeaway cards, pens, pocket folders, stress pyramids, the 5 Dysfunctions of a Team book, and more

Facilitation Kits include PowerPoint presentations, videos, worksheets, graphics, templates, supplemental materials, and detailed instructor guides.





"Extremely impactful. I will continue to draw upon the skills I learned in this workshop for years to come."



"The overviews and bite size chapters was manageable with my current workload."



"I have already observed dividends in my personal and professional life."



"I immediately shared the principles with my project team."















